

BE KIND



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

1	2	3	4	5
ITALIAN DIP STICKS SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	TAMALE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	MAC & CHEESE, INDIVIDUAL CHICKEN TENDERS FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	BEAN & CHEESE BURRITO SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	MANICOTTI, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM

8	9	10	11	12
CORN DOG SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	TORNADO, BEEF & CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	RAVIOLIS, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	CHIMICHANGA SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	STUFFED SHELLS, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM

15	16	17	18	19
ITALIAN DIP STICKS SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	TAMALE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	MAC & CHEESE, INDIVIDUAL CHICKEN TENDERS FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	BEAN & CHEESE BURRITO SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	MANICOTTI, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM

22	23	24	25	26
CORN DOG SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	TORNADO, BEEF & CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	RAVIOLIS, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	CHIMICHANGA SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM	STUFFED SHELLS, CHEESE SIDE - WHOLE GRAIN FRUIT, FRESH, ASSTD VEGGIES, FRESH, ASSTD MILK, 1% LOWFAT MILK, SKIM