

Lake County School District R-1

West Park Elementary School Lunch Menu

Aug 18, 2015

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Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 2 PIZZA, MINI CUCUMBER,RAW FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON RANCH BUTTERMILK DRESSING	Sep - 3 CHILI CON CARNE W/ BEANS CORNBREAD SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat CHEESE, CHEDDAR	Sep - 4 STIR FRY FAJITA CHICKEN SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON
Sep - 7 NO SCHOOL TODAY	Sep - 8 ITALIAN DIP STICKS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 9 GRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK DRESSING	Sep - 10 BBQ PORK SANDWICH CHIP, MULTIGRAIN, SUNCHIPS SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 11 BEAN BURRITO CORN SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON SALSA
Sep - 14 HAMBURGER ON A BUN FRENCH FRIES SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	Sep - 15 SPAGHETTI W/ MEAT SAUCE ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat CHEESE,PARMESAN,GRA TED	Sep - 16 SUNFLOWER&JELLY SANDWICH YOGURT, variety 4 oz cup FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK DRESSING	Sep - 17 CHICKEN QUESADILLA CORN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat SALSA	Sep - 18 SMOKED TURKEY & BEAN SOUP ROLLS,WHEAT SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 21 RAVIOLI, CHEESE. mini BREADSTICK, WW SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 22 CRUNCHY HAWAIIAN CHICKEN W SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 23 PIZZA, MINI CUCUMBER,RAW FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON RANCH BUTTERMILK DRESSING	Sep - 24 CHILI CON CARNE W/ BEANS CORNBREAD SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat CHEESE, CHEDDAR	Sep - 25 STIR FRY FAJITA CHICKEN SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON
Sep - 28 CHICKEN,GRILLED ON BUN POTATOES AU GRATIN SALAD BAR W/ FRUIT MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat MAYO MUSTARD PICKLE, SLICES	Sep - 29 ITALIAN DIP STICKS SALAD BAR W/ FRUIT MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 30 GRILLED HAM AND CHEESE FRUIT, VARIETY CARROT STICKS MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat RANCH BUTTERMILK DRESSING		

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.