

Lake County School District R-1

West Park Breakfast Menu

Aug 18, 2015

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Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 2 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 3 PANCAKE MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 4 CEREAL,VARIETY BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 7 NO SCHOOL TODAY	Sep - 8 GRANOLA BAR CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 9 CEREAL,VARIETY CRACKERS,GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 10 FRENCH TOAST MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 11 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 14 CEREAL,VARIETY ANIMAL CRACKERS MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 15 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 16 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 17 PANCAKE MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 18 CEREAL,VARIETY BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 21 CEREAL,VARIETY GOLD FISH FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 22 GRANOLA BAR CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 23 CEREAL,VARIETY CRACKERS,GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 24 FRENCH TOAST MINIS, WW FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 25 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Sep - 28 CEREAL,VARIETY ANIMAL CRACKERS MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Sep - 29 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Sep - 30 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat		

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.