

**Lake County School District R-1**  
**WEST PARK ELEMENTARY BREAKFAST**  
**West Park Breakfast Menu**

Nov 18, 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	Dec - 1 BREAKFAST BURRITO FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 2 CEREAL,VARIETY CRACKERS,GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 3 FRENCH TOAST FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 4 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Dec - 7 CEREAL,VARIETY ANIMAL CRACKERS FRUIT, VARIETY MILK,1% Lowfat MILK, SKIM 1/2 PINT CARTON	Dec - 8 BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 9 CEREAL,VARIETY CHEESE, MOZZ, STRING FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 10 WAFFLE STICKS FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 11 CEREAL,VARIETY BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Dec - 14 CEREAL,VARIETY GOLD FISH FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 15 BREAKFAST BURRITO FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 16 CEREAL,VARIETY CRACKERS,GRAHAM FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 17 FRENCH TOAST FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat	Dec - 18 CEREAL,VARIETY YOGURT, variety 4 oz cup FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MILK,1% Lowfat
Dec - 21 NO SCHOOL TODAY	Dec - 22 NO SCHOOL TODAY	Dec - 23 NO SCHOOL TODAY	Dec - 24 NO SCHOOL TODAY	Dec - 25 NO SCHOOL TODAY
Dec - 28 NO SCHOOL TODAY	Dec - 29 NO SCHOOL TODAY	Dec - 30 NO SCHOOL TODAY	Dec - 31 NO SCHOOL TODAY	

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.