

Lake County School District R-1

THE CENTER

THE CENTER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 1 CHICKEN,GRILLED ON BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	Feb - 2 ITALIAN DIP STICKS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Feb - 3 GRILLED HAM AND CHEESE TOMATO SOUP FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Feb - 4 BEEF AND GRAVY NOODLES GREEN BEANS FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Feb - 5 MACARONI AND CHEESE CHICKEN TENDERS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON
Feb - 8 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD	Feb - 9 TACO, SOFT SHELL CHICKEN FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON SALSA	Feb - 10 TURKEY & CHEESE SANDWICH CHIP, MULTIGRAIN, SUNCHIPS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD	Feb - 11 NO SCHOOL TODAY	Feb - 12 NO SCHOOL TODAY
Feb - 15 NO SCHOOL TODAY	Feb - 16 SPAGHETTI W/ MEAT SAUCE FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON CHEESE,PARMESAN,GRATED	Feb - 17 PEPPERONI PIZZA FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Feb - 18 CHICKEN NOODLE SOUP CRACKERS, OYSTER FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Feb - 19 MACHO NACHOS BLUEBERRY MUFFIN 2.0oz FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON
Feb - 22 CHICKEN,GRILLED ON BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON MAYO MUSTARD PICKLE, SLICES	Feb - 23 ITALIAN DIP STICKS FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Feb - 24 GRILLED HAM AND CHEESE TOMATO SOUP FRUIT, VARIETY FRESH VEGGIES MILK, SKIM 1/2 PINT CARTON	Feb - 25 TURKEY AND GRAVY MASHED POTATO GREEN BEANS FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON	Feb - 26 MACARONI AND CHEESE CHICKEN TENDERS FRESH VEGGIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON
Feb - 29 HAMBURGER ON A BUN FRENCH FRIES FRUIT, VARIETY MILK, SKIM 1/2 PINT CARTON ketchup MUSTARD				

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*