

Lake County School District R-1

LCIS - BREAKFAST

May 25, 2016

Middle School Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 31 BREAKFAST BURRITO SALSA CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	Jun - 1 SAUSAGE SANDWICH CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	Jun - 2 WAFFLES, CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON	Jun - 3 MUFFIN, BLUEBERRY CEREAL, VARIETY CRACKERS, ASSORTED BAGEL, WHOLE WHEAT CREAM CHEESE FRUIT, VARIETY MILK, 1% Lowfat MILK, SKIM 1/2 PINT CARTON

USDA AND LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.