

LunchByte Systems, Inc. 800-724-9853
LCIS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 GRILLED CHEESE SANDWIC TOMATO SOUP Gold Fish Crackers SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 2 CHICKEN ALFREDO ROLLS, WHEAT, 2oz SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 3 HOT DOG ON A BUN BAKED BEANS (VEGETARIA SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD
Nov - 6 FRENCH BREAD PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 7 THANKSGIVING DINNER FRUIT,FRESH ASSORTED MILK, CHOCO, FAT FREE MILK,1% Lowfat	Nov - 8 SPAGHETTI W/ MEATBALLS GREEN BEANS SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat CHEESE, PARMESAN RANCH DRESSING, PREPAR	Nov - 9 CHEESE QUESADILLA GREEN CHILI SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 10 CHICKEN CHUNKS MACARONI AND CHEESE(NE SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat KETCHUP BARBECUE SAUCE RANCH DRESSING, PREPAR
Nov - 13 PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR	Nov - 14 BEEF TACO SPANISH RICE ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR	Nov - 15 CHEESEBURGER ON A BUN POTATO, TRIANGLES SALAD BAR ASSORTED FRUITS MILK,Skim MILK,1% Lowfat RANCH DRESSING, PREPAR KETCHUP MUSTARD PICKLE CHIPS	Nov - 16 ITALIAN DIP STICKS ASSORTED FRUITS SALAD BAR MILK,1% Lowfat MILK,Skim RANCH DRESSING, PREPAR	Nov - 17 NO SCHOOL TODAY
Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 27 PEPPERONI PIZZA SHERBET SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat RANCH DRESSING, PREPAR	Nov - 28 CHEESE QUESADILLA GREEN CHILI SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat RANCH DRESSING, PREPAR	Nov - 29 TURKEY & CHEESE SANDWI SUN CHIP/ CHEDDAR SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat RANCH DRESSING, PREPAR MAYO MUSTARD	Nov - 30 SPAGHETTI W/ MEATBALLS GREEN BEANS SALAD BAR ASSORTED FRUITS MILK, Skim MILK, 1% Lowfat CHEESE, PARMESAN RANCH DRESSING, PREPAR	

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION