

**LunchByte Systems, Inc. 800-724-9853**  
**LCIS Lunch**  
**002 - Lake County Intermediate School**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>Oct - 1</p> <p>BREADED CHICKEN SANDWI            POTATOES AU GRATIN            SALAD BAR            ASSORTED FRUITS            MILK,1% Lowfat            MILK,Skim            MAYO            PICKLE CHIPS            MUSTARD            RANCH DRESSING, PREPAR</p>	<p>Oct - 2</p> <p>QUESADILLA, CHICKEN            SALSA            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR</p>	<p>Oct - 3</p> <p>TURKEY &amp; CHEESE SANDWI            SUN CHIP/ CHEDDAR            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR            MAYO            MUSTARD</p>	<p>Oct - 4</p> <p>SPAGHETTI W/ MEATBALLS            ROLLS, WHEAT, 2oz            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            CHEESE, PARMESAN            RANCH DRESSING, PREPAR</p>	<p>Oct - 5</p> <p>CHILI CON CARNE W/ BEAN            CRACKERS            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR            CHEESE, CHEDDAR</p>
<p>Oct - 8</p> <p>CHICKEN CHUNKS            MACARONI AND CHEESE(NE            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            KETCHUP            BARBECUE SAUCE            RANCH DRESSING, PREPAR</p>	<p>Oct - 9</p> <p>BEEF TACO            SPANISH RICE            ASSORTED FRUITS            SALAD BAR            MILK,1% Lowfat            MILK,Skim            RANCH DRESSING, PREPAR            SALSA</p>	<p>Oct - 10</p> <p>TURKEY AND GRAVY            MASHED POTATOES            ROLLS, WHEAT, 2oz            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR</p>	<p>Oct - 11</p> <p>ITALIAN DIP STICKS            GREEN BEANS            ASSORTED FRUITS            SALAD BAR            MILK,1% Lowfat            MILK,Skim            RANCH DRESSING, PREPAR</p>	<p>Oct - 12</p> <p>HAM &amp; CHEESE SANDWICH            SUN CHIP            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR            MAYO            MUSTARD</p>
<p>Oct - 15</p> <p>BREAKFAST FOR LUNCH            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR</p>	<p>Oct - 16</p> <p>BURRITO W/ GREEN CHILI            SPANISH RICE            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR</p>	<p>Oct - 17</p> <p>PEPPERONI PIZZA            SHERBET            SALAD BAR            ASSORTED FRUITS            MILK,Skim            MILK,1% Lowfat            RANCH DRESSING, PREPAR</p>	<p>Oct - 18</p> <p>CHEESEBURGER ON A BUN            FRENCH FRIES            ASSORTED FRUITS            MILK,1% Lowfat            MILK,Skim            KETCHUP            MUSTARD            PICKLE CHIPS            RANCH DRESSING, PREPAR</p>	<p>Oct - 19</p> <p>NO SCHOOL TODAY</p>

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>Oct - 22</p> <p>NO SCHOOL TODAY</p>	<p>Oct - 23</p> <p>MACHO NACHO  MUFFIN, ASSORTED, 2oz  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR  JALAPENO PEPPERS</p>	<p>Oct - 24</p> <p>GRILLED CHEESE SANDWIC  YOGURT, ASSORTED  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR</p>	<p>Oct - 25</p> <p>CHICKEN NOODLE SOUP  ROLLS, WHEAT, 2oz  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR</p>	<p>Oct - 26</p> <p>HOT DOG ON A BUN  BAKED BEANS (VEGETARIA  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR  KETCHUP  MUSTARD</p>
<p>Oct - 29</p> <p>BREADED CHICKEN SANDWI  POTATOES AU GRATIN  SALAD BAR  ASSORTED FRUITS  MILK, 1% Lowfat  MILK, Skim  MAYO  PICKLE CHIPS  MUSTARD  RANCH DRESSING, PREPAR</p>	<p>Oct - 30</p> <p>QUESADILLA, CHICKEN  SALSA  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR</p>	<p>Oct - 31</p> <p>TURKEY &amp; CHEESE SANDWI  SUN CHIP/ CHEDDAR  SALAD BAR  ASSORTED FRUITS  MILK, Skim  MILK, 1% Lowfat  RANCH DRESSING, PREPAR  MAYO  MUSTARD</p>		

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION