

WELCOME BACK TO SCHOOL



ALL GRAINS ON THIS MENU ARE EITHER WHOLE GRAIN OR WHOLE WHEAT

Monday

26

CRISPY CHICKEN SANDWICH
Sunchips Original 1oz 377-8029
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK, Skim
KETCHUP: individual
MAYONNAISE: individual PC
MUSTARD: individual PC

Tuesday

27

PEPPERONI PIZZA
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK, Skim

Wednesday

28

GRILLED CHEESE SANDWICH
TOMATO SOUP
GOLD FISH CRACKERS
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK, Skim

Thursday

29

HOT DOG ON A BUN: turkey hot
BAKED BEANS (VEGETARIAN): veg
FRUIT, FRESH ASSORTED
MILK, Skim
KETCHUP: individual
MUSTARD: individual PC
RELISH: individual PC

Friday

30

NACHOS WITH GROUND BEEF
Cinnamon Roll Whole Grain
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK, Skim
PEPPERS, JALAPENO

2

NO SCHOOL TODAY

3

BREAKFAST FOR LUNCH
FRUIT, FRESH ASSORTED
MILK, Skim
KETCHUP: individual

4

TURKEY, POTATOES, AND GRAVY
ROLLS, WHEAT
FRUIT, FRESH ASSORTED
MILK, Skim

5

ITALIAN DIP STICKS
Spaghetti Sauce Base (2M)
GREEN BEANS: frozen, boiled
FRUIT, FRESH ASSORTED
MILK, Skim

6

CHEESEBURGER ON A BUN
FRENCH FRIES: oven heated
FRUIT, FRESH ASSORTED
MILK, Skim
KETCHUP: individual
MUSTARD: individual PC
PICKLES, DILL SPEAR

9

BEEF & BEAN BURRITO
GREEN CHILI SAUCE
CORN: canned, yellow
FRUIT, FRESH ASSORTED
MILK,Skim

10

CORN DOG
Bkd Season PotatoWedges
MS1093
FRUIT, FRESH ASSORTED
MILK,Skim
KETCHUP: individual
MUSTARD: individual PC

11

NACHOS WITH GROUND BEEF
Cinnamon Roll Whole Grain
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim
PEPPERS,JALAPENO

12

TURKEY & CHEESE SANDWICH
VEGETABLE NOODLE SOUP
FRUIT, FRESH ASSORTED
MILK,Skim
MAYONNAISE:individual PC
MUSTARD: individual PC

13

PEPPERONI PIZZA
SHERBET, ORANGE
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim

16

CRISPY CHICKEN SANDWICH
Sunchips Original 1oz 377-8029
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim
KETCHUP: individual
MAYONNAISE:individual PC
MUSTARD: individual PC

17

PEPPERONI PIZZA
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim

18

GRILLED CHEESE SANDWICH
TOMATO SOUP
GOLD FISH CRACKERS
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim

19

HOT DOG ON A BUN:turkey hot
BAKED BEANS (VEGETARIAN):veg
FRUIT, FRESH ASSORTED
MILK,Skim
KETCHUP: individual
MUSTARD: individual PC
RELISH: individual PC

20

NO SCHOOL TODAY

23

BREAKFAST FOR LUNCH
FRUIT, FRESH ASSORTED
MILK,Skim
KETCHUP: individual

24

QUESADILLA, CHICKEN
SOUR CREAM
VEGGIES, FRESH
FRUIT, FRESH ASSORTED
MILK,Skim

25

TURKEY, POTATOES, AND GRAVY
ROLLS, WHEAT
FRUIT, FRESH ASSORTED
MILK,Skim

26

ITALIAN DIP STICKS
Spaghetti Sauce Base (2M)
GREEN BEANS: frozen,boiled
FRUIT, FRESH ASSORTED
MILK,Skim

27

CHEESEBURGER ON A BUN
FRENCH FRIES: oven heat
FRUIT, FRESH ASSORTED
MILK,Skim
KETCHUP: individual
MUSTARD: individual PC
PICKLES,DILL SPEAR

30

BEEF & BEAN BURRITO
GREEN CHILI SAUCE
CORN: canned, yellow
FRUIT, FRESH ASSORTED
MILK,Skim