

ALL GRAINS ON THIS MENU ARE EITHER WHOLE GRAIN OR WHOLE WHEAT

November



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL TODAY
4 BREAKFAST FOR LUNCH FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP	5 QUESADILLA, CHICKEN FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM	6 CHICKEN CHUNKS ROLLS, WHEAT FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM KETCHUP	7 ITALIAN DIP STICKS SPAGHETTI SAUCE GREEN BEANS FRUIT, FRESH, ASSORTED MILK, SKIM	8 CHEESEBURGER ON A BUN FRENCH FRIES FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP MUSTARD
11 BEEF & BEAN BURRITO GREEN CHILI SAUCE CORN FRUIT, FRESH, ASSORTED MILK, SKIM	12 CORN DOG POTATO WEDGES FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP MUSTARD	13 NACHOS WITH GROUND BE EF CINNAMON ROLL VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM	14 TURKEY & CHEESE SANDWIC H VEGETABLE NOODLE SOUP FRUIT, FRESH, ASSORTED MILK, SKIM MAYONNAISE MUSTARD	15 PEPPERONI PIZZA FRUIT, FRESH, ASSORTED VEGGIES, FRESH MILK, SKIM
18 CRISPY CHICKEN SANDWIC H SUNCHIPS, ORIGINAL VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM KETCHUP MAYONNAISE MUSTARD	19 SPAGHETTI & MEAT SAUCE ROLLS, WHEAT VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM	20 GRILLED CHEESE SANDWIC H TOMATO SOUP VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM	21 THANKSGIVING DINNER MILK, SKIM	22 COOKS CHOICE - WHOLE G RAIN VEGGIES, FRESH FRUIT, FRESH, ASSORTED MILK, SKIM
25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK	29 THANKSGIVING BREAK