



Monday

Tuesday

Wednesday

Thursday

Friday

1
CRISPY CHICKEN SANDWICH
H
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
MAYONNAISE
MUSTARD
KETCHUP

2
ITALIAN DIP STICKS
SPAGHETTI MEAT SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

3

6
NO SCHOOL TODAY

7
TOASTED HAM & CHEESE SANDWICH
GOLDFISH, CHEDDAR - WG
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

8
SPAGHETTI & MEAT SAUCE
FRENCH BAGUETTE
PARMESAN CHEESE, GRATED
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

9
CHICKEN NUGGETS
CHEESY MAC
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

10
BEEF & BEAN BURRITO
GREEN CHILI SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

13
PEPPERONI PIZZA
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

14
NACHOS WITH GROUND BEEF
CRACKERS, BELLY BEAR (W/G)
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, SKIM
MILK, 1% LOWFAT
JALAPEÑO PEPPERS

15
HOT DOG ON A BUN
BAKED BEANS
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
MUSTARD
KETCHUP

16
CHEESEBURGER ON A BUN
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, SKIM
MILK, 1% LOWFAT
KETCHUP
MUSTARD
MAYONNAISE

17

20

QUESADILLA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SOUR CREAM

21

CHILI CON CARNE/W BEANS
HOMEMADE CORNBREAD
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

22

CRISPY CHICKEN SANDWIC
H
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
MAYONNAISE
MUSTARD
KETCHUP

23

ITALIAN DIP STICKS
SPAGHETTI MEAT SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

27

TOASTED HAM & CHEESE S
ANDWICH
GOLDFISH, CHEDDAR - WG
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

28

SPAGHETTI & MEAT SAUCE
FRENCH BAGUETTE
PARMESAN CHEESE, GRAT
ED
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

29

CHICKEN NUGGETS
CHEESY MAC
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

BEEF & BEAN BURRITO
GREEN CHILI SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION