



Monday

Tuesday

Wednesday

Thursday

Friday

1
 CRISPY CHICKEN SANDWICH
 H
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 MAYONNAISE
 MUSTARD
 KETCHUP

2
 ITALIAN DIP STICKS
 SPAGHETTI MEAT SAUCE
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

3

6
 NO SCHOOL TODAY

7
 TOASTED HAM & CHEESE S
 ANDWICH
 GOLDFISH, CHEDDAR - WG
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

8
 SPAGHETTI & MEAT SAUCE
 FRENCH BAGUETTE
 PARMESAN CHEESE, GRAT
 ED
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

9
 CHICKEN NUGGETS
 CHEESY MAC
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

10
 BEEF & BEAN BURRITO
 GREEN CHILI SAUCE
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

13
 PEPPERONI PIZZA
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM

14
 NACHOS WITH GROUND BE
 EF
 CRACKERS, BELLY BEAR (W
 G)
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 JALAPEÑO PEPPERS

15
 HOT DOG ON A BUN
 BAKED BEANS
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, 1% LOWFAT
 MILK, SKIM
 MUSTARD
 KETCHUP

16
 CHEESEBURGER ON A BUN
 SUNCHIPS, CHEDDAR
 SUNCHIPS, ORIGINAL
 FRUIT, FRESH, ASSTD
 VEGGIES, FRESH, ASSTD
 MILK, SKIM
 MILK, 1% LOWFAT
 KETCHUP
 MUSTARD
 MAYONNAISE

17

20

QUESADILLA, CHEESE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
SOUR CREAM

21

CHILI CON CARNE/W BEANS
HOMEMADE CORNBREAD
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

22

CRISPY CHICKEN SANDWIC
H
SUNCHIPS, CHEDDAR
SUNCHIPS, ORIGINAL
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM
MAYONNAISE
MUSTARD
KETCHUP

23

ITALIAN DIP STICKS
SPAGHETTI MEAT SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

24

27

TOASTED HAM & CHEESE S
ANDWICH
GOLDFISH, CHEDDAR - WG
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

28

SPAGHETTI & MEAT SAUCE
FRENCH BAGUETTE
PARMESAN CHEESE, GRAT
ED
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

29

CHICKEN NUGGETS
CHEESY MAC
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

30

BEEF & BEAN BURRITO
GREEN CHILI SAUCE
FRUIT, FRESH, ASSTD
VEGGIES, FRESH, ASSTD
MILK, 1% LOWFAT
MILK, SKIM

LAKE COUNTY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY ORGANIZATION